



ART OF THE DRUM

"If you have a heartbeat, you have rhythm and YOU CAN DRUM!" Accomplished Music Educator and Drum Facilitator, Otha Lee Day kicks off April Vacation Art Program for the Milton Art Museum with a Family Oriented Workshop.

Otha Lee Day believes that ‘rhythm has the power to build community, promote well-being and create joy’. The Milton Art Museum with support from the Massachusetts Cultural Council will test that theory as we present **The Art of the Drum Workshop** for families on **Monday, April 20th, 2009, at the First Parish Church of Milton, 535 Canton Ave.** This afternoon event will be an interactive arts education workshop aimed at exploring different cultures in which drums are prominent and allowing hands-on instruction in the art of drumming.

Otha Lee Day, Drum to the Beat Founder, facilitates approximately 20 Drum Circles each month. A drum circle allows children and adults of all ages to come together and experience multicultural music and drumming. By exploring traditional and world rhythms, participants will have a hands-on approach to discovering, playing, and appreciating music from other cultures. Music is the perfect medium for demonstrating and transcending differences, and formulating a context for communication. For more information about Otha Lee Day visit his website: www.drumtothebeat.com.

The highlight of this event will be the drum circle; all participants will join together to create musical rhythms that will be a source of fun and unifying rhythmic expression. Drum Circles are an ancient form of community building. It is a recreational as well as educational activity that engages the mind, body, and spirit. In addition, drum circles can help students grow academically; it can improve students’ ability to concentrate and cultivate an appreciation for teamwork and cooperation. “When we drum together, it changes our relationships and helps us cope with whatever challenges life hands us.” [Arthur Hull, father of the modern day drum circle] We invite all families to come and join us for an afternoon of rhythmic fun.

The Milton Art Museum is committed to a curriculum based, integrated learning style that uses traditional and innovative arts related activities to explore and expand knowledge in creative and fun ways. Please check our website address below for information about our upcoming ***Spring, Summer and Fall Art Programs.***

For further information about the Art of the Drum Workshop, please visit our website: www.MiltonartMuseum.org or call The Milton Art Museum School at 617-696-1145. Art of the Drum Registration is \$30 and is currently underway. Space is limited.

This program is supported in part by a grant from the Milton Cultural Council, a local agency supported by the Massachusetts Cultural Council, a state agency.